

ARCH Meeting Minutes
Wednesday, September 23, 2009

In attendance: Phyllis Ivey, Jeanne Braun, Gwenn Mascioli, Loretta Boyle, Jacqui Hickey, Claire Ryan, Andy Phillips, Sandy Arnold, Judy Lemco, Barbara Bashe, Pattie Littlewood, Michele Capuano, Betsy Fadem, Ellen Moeller, Margie Winters, Barbara Zonino, Joyce Videlock, Leanne Rush.

Introductions: Introductions were made around the table

Treasurer's Report: One expense so far, we paid \$500 for the Campus Outreach subscription for the year. Loretta Boyle will send "thank you" notes for donations received.

Secretary's Report: Member Commitment forms were handed out, signed and collected.

CARE Overview and update: Jacqui Hickey explained that each secondary school has one CARE team comprised of trained educators, counselors, and other staff. The purpose of CARE is to remove barriers to learning. The two major issues they encounter are drug and alcohol and/or mental health issues. The district works with COAD who will do assessments and then provide recommendations for treatment. CARE programs are mandated for school policy violators.

Note - two changes regarding the districts drug and alcohol policies.

1st time violators are restricted from school activities for 15 days

2nd time violators are restricted from school activities for 90 days

Administrators are working to publicize the CARE program to staff, students and parents.

Updates:

Summer Events:

- Gwenn & Loretta compiled a suggested reading list for parents. Barnes & Noble set up a table display with the list and the books. Barnes & Noble reported customer interest and sales.

- All the district schools gave ad space in their current directories for ARCH.

- ARCH website being updated by Doug Moeller - (THANKS Doug!)

- Groups met to plan for Nov 4th and Winter presentations.

ARCH Operations Overview and Interest Inventories were distributed and discussed.

Social Norming: A program started last year at Conestoga to get kids to see what is really happening in their environment. Stress became the focus area and a "street team" of students working with consultants from Actuality devised a plan of action. The Actuality consultants are coming back October 8th to review and plan for the upcoming year. Michele Capuano to report back at our next ARCH meeting.

November 4th Community Forum: Wednesday, November 4th at Tredyffrin Library, 7 - 8:30 pm. "Forum to help parents navigate social situations your teens may be facing." Parents will be encouraged to share information and learn about effective options for handling delicate social situations.

Parent Webinars: Efforts are underway to figure out the best way for parents and other community members to access these webinars.

Program Committee Report:

- April 7th Bob Rigby presentation
- looking for a speaker on the Adolescent brain
- committee to review two movies - Killing Us Softly and Refusal Skills for future presentation topics
- program committee will be reviewing Killing Us Softly on Friday, Oct. 8th, 9:30 am at Phyllis Ivey's practice office - 987 Old Eagle School Road.

Submitted by Leanne Miller Rush

NEXT MEETING October 21st.