

ARCH Meeting Minutes  
Wednesday, December 16, 2009

In attendance: Gwenn Mascioli, Sandy Arnold, Pattie Littlewood, Michele Capuano, Betsy Fadem, Joyce Vidlock, Leanne Rush, Roann Brown, Michele Murphy, Cara Bradley, Blake Dickinson, Loretta Boyle, Ellen Moeller, Tom McGuirk, Sarah Jean, Jacqui Hickey, Shanna Cornuet and Andy Phillips.

Introductions: Introductions were made around the table

Secretary's Report: November meeting minutes are posted on the website.

Treasurer's Report: We currently have \$4,848.17 in our account. We will transfer \$2848.17 over to our Vanguard account leaving \$2000.00 for our working budget. The "ARCH" stamp for checks was purchased.

Program Committee: The program committee met with Bob Rigby on November 30th to discuss the content for the upcoming seminar scheduled for April 7th, 2010 at Valley Forge Middle School. While the discussion points for the seminar have been decided, an additional meeting with interested committee members will be scheduled to decide a working title for the event and how to best promote it.

The "Strength to Resist" video has been purchased and the committee has agreed to show it at our next meeting on January 20th with Phyllis Ivey facilitating discussion afterward. The event will be promoted through school newsletters and email blasts.

VFMS Basketball Game/Fundraiser: Andy Phillips and the staff at VFMS have decided to donate funds raised from their annual student/staff basketball game to ARCH. Andy thought this would also be a great opportunity to raise the level of awareness with staff, students and parents. The event organizers will use ARCH related messages in their traditional, momentum building advertising around the event. ARCH volunteers will man a table at the game. ARCH will look to support the event by providing snacks and posters/banners.

New ARCH brochure: The marketing committee updated the ARCH brochure. The new brochure highlights pertinent information. Printing donated by Sarah and her husband will be used as handouts. It was suggested that ARCH put together packets for families in the transition years (5th and 9th grades) with age specific information. It was decided that this could be a summer project.

Parent Webinars: The next webinar will be on January 4th from 8 - 9 p.m. The topic will be Cyberspace and Technology. On February 1st, the webinar topic will be Eating disorders and Body Image. This will be a great follow up to our "Strength to Resist" event.

Additional Announcements:

Berwyn United Methodist will be sponsoring parent seminars on the last Tuesday of each month starting February through April. Specific information will be included in an email blast.

Tom McGuirk from Main Line Health is involved with two local suicide prevention groups. They are looking for more representation at their meetings. For more information go to [www.ccysp.org](http://www.ccysp.org) or [www.delcosuicideprevention.org](http://www.delcosuicideprevention.org).

Cara Bradley suggested the possibility of an ARCH parent forum. She will do more research and get back to the committee.

Submitted by Leanne Miller Rush

NEXT MEETING: Wednesday, January 20th, 9:00 a.m.

This will not be a business meeting. We will be viewing and discussing "The Strength to Resist"