

## Emotional, Mental and Physical Health Building Supports

**Student Assistance Program (SAP)/ CARE Team** is a systematic process to assist school personnel in identifying issues, including problems with alcohol and drugs, which pose a barrier to student learning and success in school. Working with community agencies, SAP teams identify school supports and assist families in accessing community services.

**Small Groups Counseling Sessions** focus on educating students about stressors and healthy ways of coping.

**Clinical Interviews** assess the level of functioning, risk factors, protective factors and need for ongoing treatment. When appropriate, Mental Health Specialists provide recommendations and make connections to therapeutic and/or community supports.

**Student Attendance Improvement Plans (SAIP)** are developed at a multi-disciplinary team meeting with parents to create a plan to improve student attendance.

**Multi-tiered Intervention Program** is a program that includes a continuum of regular education supports and services in order to improve academic performance.

**Special Education** is specially designed instruction, at no cost to the parent, to meet the unique needs of a child with a disability. Psychoeducational evaluations are conducted by a school psychologist in order to determine eligibility for an Individualized Education Plan, (IEP).

**Section 504 Service Agreement** is a plan which outlines accommodations for students with a documented disability in order to enable them to successfully access the curriculum. Upon parent request, school counselors will evaluate for need.

### ELEMENTARY COUNSELORS

Judith Root	Beaumont	610-240-1407
Tami Noel	Devon	610-240-1458
Karen Kilby	Hillside	610-240-1504
Robyn Michael	New Eagle	610-240-1556
Carolyn Swetkowski	Valley Forge	610-240-1605
Brett Hargest	All Elementary Schools <a href="mailto:HargestB@tesd.net">HargestB@tesd.net</a>	

### T/E MIDDLE SCHOOL COUNSELORS

Maria Marano/Kelly Haines	5th grade	610-240-1217
Kristin Abell	6th Grade	610-240-1214
Rob Kirkby	7th Grade	610-240-1212
Marguerite Gordon	8th Grade	610-240-1209

### VALLEY FORGE MIDDLE SCHOOL COUNSELORS

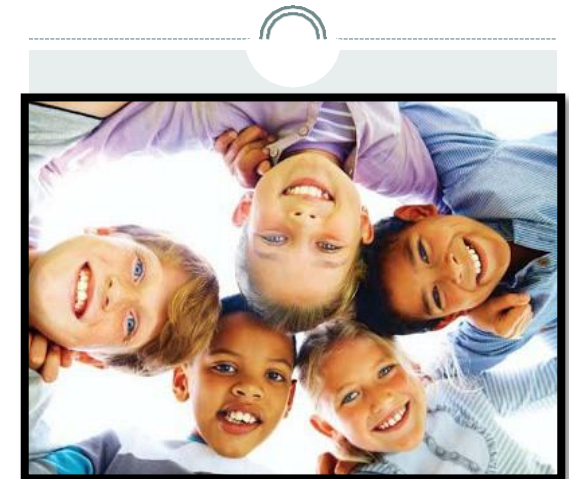
Kelly Neary	5th Grade	610-240-1317
Bob Sola	6th Grade	610-240-1318
Andy Mullen	7th Grade	610-240-1319
Meredith Marshall	8th Grade	610-240-1314

### CONESTOGA HIGH SCHOOL COUNSELORS

Student Last Name	School Counselor	Phone
A – Brou	Lauren Stohrer	610-240-1008
Brov – Deh	Justin Beasley-Turner	610-240-1015
Dei – Gi	Rachel Reavy	610-240-1007
Gj – Joh	Brian Samson	610-240-1012
Joi – Liu	Melissa McMenamin	610-240-1051
Liv – Meo	Jennifer Kratsa	610-240-1010
Mep – Ph	Danielle Yucis	610-240-1011
Pi – Sch	Dan McDermott	610-240-1009
She – Va	Katherine Barthelmeh	610-240-1038
Ve – Z	Megan Smyth	610-240-1013

# Student Emotional Well-Being

*Resources for Promoting the  
Social and Emotional Well-  
Being of Students in the T/E  
Schools*



**Tredyffrin/Easttown School District**  
940 West Valley Road, Suite 1700  
Wayne, PA 19087  
[www.tesd.net](http://www.tesd.net)

August 2023



**Your School Counselor is a great resource. They can help direct your concerns and connect you with school and community supports. There are many reasons to call your school counselor, including:**

- I'm concerned about my child's academic performance
- My child has been bullied / threatened
- My child is showing signs of anxiety
- I suspect my child may have a disability
- My child has a mental health diagnosis and/or is meeting with a therapist outside of school
- My child is refusing to come to school
- My child seems lonely, sad, or worried very often

### **Concerns that Require Immediate Attention:**

#### **I'm concerned that my child, or one of my child's friends, may be having suicidal thoughts**

- ⇒ If during school hours, contact your child's school counselor or mental health specialist.
- ⇒ If outside of school hours, contact one of the 24/7 Crisis/Suicide Helplines listed below.
- ⇒ If you are concerned about another child, contact the other child's parents immediately.

#### **My child was threatened online or in person off school grounds**

- ⇒ Contact the local police or call 911.
- ⇒ If online, you may also use the reporting/flagging mechanism for that social media platform.
- ⇒ Safe 2 Say Something [www.safe2saypa.org](http://www.safe2saypa.org)

#### **Abuse**

If you suspect a child is being physically or sexually abused or neglected, you may report your concerns to the [Childline Child Abuse Registry](http://Childline Child Abuse Registry) at 1-800-932-0313.

#### **Drug and Alcohol**

If you believe your child, or someone else, is using drugs or alcohol, you may call these numbers below directly for support:

- ⇒ Chester Co. Department of Drug and Alcohol Services 610-344-6620
- ⇒ Caron Treatment Centers 844-260-1324
- ⇒ Safe 2 Say Something [www.safe2saypa.org](http://www.safe2saypa.org)

#### **24/7 Crisis/Suicide Helplines**

- ⇒ Valley Creek Crisis Center: 610-280-3270
- ⇒ [988 Suicide & Crisis Lifeline](http://988 Suicide & Crisis Lifeline): call or text
- ⇒ Call 911

#### **Mental/Behavioral Health Concerns**

Creative Health (610) 948-6490  
Community Services of Devereux 610-933-8110  
Holcomb Behavioral Health Services (610) 363-1488

## **Emotional, Mental and Physical Health Professional Staff**

**School Counselor** - The foundation of student support in every building, school counselors are involved in a wide range of student and school issues including personal/social development, goal setting, student discussion groups, course selection and post-secondary planning, individual and group assessment, school climate and student activities.

**School Psychologists** - These individuals provide mandated individualized assessments to determine students' learning strengths and needs, assist with determining appropriate interventions and consult with students, families and school personnel.

**Mental Health Specialists** - Certified specialists are available to all schools for coordination of private services, individualized counseling and consultation with student assistance and IEP teams.

- **Jana Golboro** (Elementary Schools) 610-240-1500 ext. 16531
- **Melissa Korsin** (TEMS) 610-240-1215
- **Lindsay Hannigan** (VFMS) 610-240-1340
- **Christine Dunleavy** (CHS A-G) 610-240-1056
- **Grace Gara** (CHS H - O) 610-240-1077
- **Jenna Grabiak** (CHS P - Z) 610-240-1014

**Nurses** - School health services are offered to assist all students with their needs.

#### **Administration**

**Mark Cataldi**

**Director of Assessment and Accountability  
Supervisor of School Counselors**

**610-240-1905  
cataldim@tesd.net**

**Chris Groppe, Ed. D.**

**Director of Safety and Student Services  
Supervisor of Mental Health Specialists,  
School Nurses & School Psychologists**

**610-240-1919  
groppec@tesd.net**