

## REDUCING RISKS OF SUBSTANCE ABUSE

PAYS provides information on the positive connections that T/E students report they have in their day-to-day lives. Overall, the students continue to report a strong relationship to their school, their community and their home.

### % of all students who reported participating in:

School sponsored activities	77.0%
Family supported activities	63.6%
Organized community activities	38.6%
Volunteer activities	40.3%
Job/Employment	31.9%
Faith based activities	25.3%

### % of students who responded YES to these statements:

I feel safe at school	90.9%
My parents know where I am and who I am with	94.0%
I have opportunities to talk 1-on-1 with a teacher	86.5%
I have clear family rules about alcohol and drug use	86.3%

### DID YOU KNOW ?

- Parents can help their child when it comes to alcohol and drug use by:
- Making sure your home is safe by locking up medications and alcohol.
  - Setting appropriate boundaries for your children.
  - Listening to your child to understand what they are feeling and going through.
  - Being educated. Attend ARCH presentations. Visit [archcares.org](http://archcares.org).
  - Getting information at Partnership for Drug Free Kids. Visit [drugfree.org](http://drugfree.org).



For full results of the 2019 PA Youth Survey visit [archcares.org](http://archcares.org) or [tesd.net/PAYS](http://tesd.net/PAYS)

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# 2019 PA Youth Survey



The Pennsylvania Youth Survey (PAYS) is administered every other year to the students in the T/E School District. PAYS is a statewide, anonymous and voluntary survey that includes questions on drug and alcohol use, vaping and e-cigarette use, and depression, suicidal ideation and bullying.

### Totals of T/E students participating in 2019 PAYS:

12th grade - 397    10th grade - 501    8th grade - 560

### ALCOHOL & MARIJUANA USE

The 30-day alcohol and marijuana usage for T/E School District students is similar or slightly higher than the usage reported in the 2017 survey; however, "early initiation" and "prevalence of usage" for T/E students is higher than the PA statewide totals. Also noteworthy is where the students report accessing alcohol.

### In the past 30 days, % of students who reported using:

	12th	10th	8th
Alcohol	54.2%	33.6%	10%
Marijuana	28.8%	11.4%	1.5%

### In their lifetime, % of students who reported using:

	12th	10th	8th
Alcohol	80.1%	58.4%	34.7%
Marijuana	47.2%	28.1%	3.7%

Students were asked, "If you used alcohol in the past 12 months, how did you obtain it?" They could select more than one answer and were given several options. Some of those answers are:

	12th	10th	8th
Parents provided it	26.8%	19.1%	35.3%
Friends' parents provided it:	17.9%	17.6%	21.6%
Took it without permission:	37.5%	44.3%	45.5%



**DID YOU KNOW ?**  
1 in 4 teens who drink alcohol or use marijuana regularly before the age of 18 will develop an addiction.

[centeronaddiction.org](http://centeronaddiction.org)

## CIGARETTE, VAPING & E-CIGARETTE USE

Cigarette use among T/E School District 12th graders almost doubled in the past two years and is still trending higher than statewide totals. Additionally, the use of vaping by T/E students has nearly doubled in the past two years.

### In the past 30 days, % of students who reported using:

	<u>12th</u>	<u>10th</u>	<u>8th</u>
Cigarettes	12.8%	1.0%	0.7%
Vaping or E-Cigarettes	35.8%	21.1%	6.1%

There are various substances used in vaping products and PAYS captured the students' responses to the types they are using.

**Students were asked, "If you used a vaping product in the past 12 months, what substance(s) did you vape?" They could select more than one answer.**

	<u>12th</u>	<u>10th</u>	<u>8th</u>
Nicotine	78.9%	72.2%	53.5%
Marijuana or hash oil	51.4%	33.8%	4.7%
Just flavoring	19.5%	33.1%	55.8%
Unsure of product	5.4%	9.8%	11.6%



### DID YOU KNOW ?

**One vaping pod equals 20 cigarettes.**

[truthinitiative.com](http://truthinitiative.com)

## PRESCRIPTION AND OTHER DRUG USE

PAYS indicates that T/E students continue to report using prescription narcotics, tranquilizers and stimulants. However, on a positive note, usage remains low and has decreased from 2017.

### In the past 30 days, % of 12th grade students who reported using:

Stimulants	2.0%
Tranquilizers	0.8%
Narcotics	0.5%
Cocaine	0.8%



### DID YOU KNOW ?

**Most students who misuse prescription drugs took them from a family member living in their home or got them from a friend.**

[medicineabuseproject.com](http://medicineabuseproject.com)

## SOCIAL AND EMOTIONAL AND MENTAL HEALTH

Part of the PA Youth Survey captures responses of students relative to their social and emotional well-being.

### % of students who reported that they:

	<u>12th</u>	<u>10th</u>	<u>8th</u>
Feel a lack of self worth	34.4%	34.9%	26.2%
Engage in self-harm	12.4%	14.2%	13.0%
Seriously Considered suicide	17.4%	15.0%	8.4%

The PAYS data indicate that T/E School District 12th graders reported higher suicide ideations and attempts in 2019 compared to 2017 results.



### DID YOU KNOW?

**Children of parents who talk to their teens regularly about drugs are 42% less likely to use drugs than those who don't. Yet, only a quarter of teens report having had these conversations!**

[samhsa.gov](http://samhsa.gov)

The importance of the data below is that students who experience sadness or depression are at higher risk for using alcohol and marijuana.

### In past 30 days, % of students who reported being:

	<u>Used Alcohol</u>	<u>Used Marijuana</u>
Not depressed	23.2%	7.1%
Moderately depressed	29.2%	12.7%
Highly depressed	39.7%	17.5%



### DID YOU KNOW ?

**Alcohol and marijuana are teen gateway drugs that can lead to more dangerous behaviors and increased drug use after high school.**

[medicineabuseproject.com](http://medicineabuseproject.com)



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