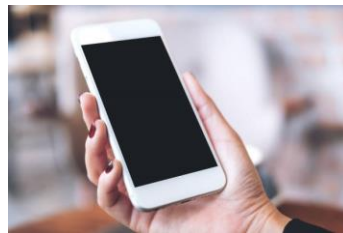


ARCH PRESENTS

HEALTHY KIDS SERIES

FOR MIDDLE AND HIGH SCHOOL PARENTS



ARCH is excited to launch the **Healthy Kids Series** as part of this year's annual programming. As we know, far too many kids today are struggling with mental health related issues, putting them at higher risk for substance use and abuse and other risk-taking behaviors. The pandemic certainly did not help the previously upward trending statistics on the youth mental health crisis. The **Healthy Kids Series** will aim to build awareness, knowledge, skills and dialogue about important topics we face as families today.

Mark your calendars for the following informative presentations:

- Cannabis, Kids & Solutions for Anxiety, Oct 20, 6:30pm, CHS
- The Impact of Social Media on Emotional Wellness, Nov 2, 7:00pm, T/E Middle
- Hiding in Plain Sight, PBS Documentary (I), Jan ?? 2023, 7:00pm Valley Forge Middle
- Hiding in Plain Sight PBS Documentary (II), Feb ?? 2023, 7:00pm Valley Forge Middle

ARCH is a 501(3)(c) coalition of parents, educators, and community members committed to promoting the well-being of youth in Tredyffrin and Easttown Townships. We serve as a resource to families as they help their children form a positive self-image, make healthy choices, and reduce the use of alcohol, tobacco and other drugs (ATOD). ARCH relies on the generous donations from the community. Visit www.archcares.org

